INTRODUCTION

• Tonsillar fibroma is a very rare finding reported in the literature.
  ➢ True fibroma of the tonsil is an uncommonly seen benign neoplasm.
  ➢ Within reports of true fibroma within the oral cavity, tonsillar fibroma is often not included, due to its low incidence.
  ➢ Only a small number of case reports of tonsillar fibroma have been published.
• This case describes a 55-year-old man who presented with two months of dysphagia and a 1.5 cm white polypoid left tonsillar mass.
  ➢ Three months later, he returned to clinic with unchanged clinical findings and underwent tonsillectomy.
  ➢ The mass on the left tonsil was found to be a benign fibroma.

CASE REPORT

• A 55-year-old man with a 40-year history of smoking developed dysphagia, cough, and globus sensation.
  ➢ At the same time, he noticed a white mass on his left tonsil.
• These symptoms were unchanged over the course of two months, at which time he presented in the outpatient setting.
  ➢ On physical exam, his left tonsil had a 1.5 cm white polypoid mass.
  ➢ The patient’s dysphagia was thought to be due at least in part to the tonsillar mass, and its removal was recommended.
• The patient did not schedule surgery immediately and re-presented three months later with unchanged symptoms.
  ➢ At this time, surgery was scheduled.
  ➢ The tonsillectomy was uneventful.
• The gross pathology showed a 1-cm pearly white nodule on the left tonsil that on histologic examination was found to be a benign fibroma (Figure 1).
• The patient had an uncomplicated recovery from the procedure.

REFERENCES